



2024 Community Benefit Report *and* Report on 2022-2024 Implementation Strategies

Lewis County

Approved by the Mon Health Stonewall Jackson Board of Trustees on November 19, 2025

The Community Benefit Report is made available to the public via the Mon Health Stonewall Jackson website at <https://www.monhealth.com/sjmh> and is available upon request from the hospital facility.

#1	Mon Health Stonewall Jackson Memorial Hospital
COMMUNITY HEALTH NEED	Drug Addiction
IDENTIFIED HEALTH ISSUE	Drug Addiction
COMMUNITY SERVED	Primary and Secondary Service Area
PROGRAM DESCRIPTION AND RATIONALE	Ensure all residents have knowledge of, and equitable access to, the resources they need to maintain and improve their health
STRATEGIC OBJECTIVE	Increase access to resources to improve substance abuse
GOALS TO ADDRESS THE HEALTH NEED	• Mon Health SJMH has opened a Medical Assistance Treatment (MAT) program for residents, along with the Mon Health System's Recovery Programs at each Mon hospital for substance usage addiction. The local Recovery Program is coordinated by Bruce Gorby, DO. • The Lewis County Health Department created a Harm Reduction program with support from SJMH. • SJMH's Emergency Department has adopted the West Virginia Hospital Association Guidelines for Prescribing Opiates. • Lewis County now has a drug court. • Nursing staff at SJMH is required to complete continuing education on "Drug Diversion Education on Opiates." • All SJMH pharmacists are required to complete continuing education on "Drug Diversion Education on Opiates" when applying for their licensure. • All SJMH physicians are registered with the West Virginia Board of Pharmacies.
MEASURE TO EVALUATE THE IMPACT	• Number of people served at Save A Life Day • Number of people utilizing peer recovery in SJMH ED
TIMELINE	Ongoing
RESOURCES	Lewis County Schools, Lewis County Health Department, SJMH
PARTNERS/COLLABORATORS	Partners in Prevention, SJMH Staff, Valley Mental Health, Lewis County Health Department
2024 PROGRESS	• 120 people served at save a life day in 2024 • 60 men are housed at a new substance disorder facility adjacent to Lewis County • 654 visits at Lewis County Health Department for substance disorders • 37 patients with substances use disorder through the MAT program

#2	Mon Health Stonewall Jackson Memorial Hospital
COMMUNITY HEALTH NEED	Mental Health Issues
IDENTIFIED HEALTH ISSUE	Mental Health
COMMUNITY SERVED	Primary and Secondary Service Area
PROGRAM DESCRIPTION AND RATIONALE	Ensure all residents have knowledge of, and equitable access to, the resources they need to maintain and improve their health
STRATEGIC OBJECTIVE	Increase access to resources to improve mental health
GOALS TO ADDRESS THE HEALTH NEED	• Psychologist in the community
MEASURE TO EVALUATE THE IMPACT	• Number of patients in the SJMH system with mental health issues
TIMELINE	Ongoing
RESOURCES	Valley Mental Health
PARTNERS/COLLABORATORS	SJMH Staff, Valley Mental Health
2024 PROGRESS	• Telehealth available for these cases • 3729 unique patients who were depression screened over 9114 encounters • 37 patients with mental health issues assisted through the MAT program

#3	Mon Health Stonewall Jackson Memorial Hospital
COMMUNITY HEALTH NEED	Obesity
IDENTIFIED HEALTH ISSUE	Obesity / Promoting Physical Activity
COMMUNITY SERVED	Primary and Secondary Service Area
PROGRAM DESCRIPTION AND RATIONALE	Ensure all residents have knowledge of, and equitable access to, the resources they need to maintain and improve their health
STRATEGIC OBJECTIVE	Increase access to resources to promote physical activity and improve obesity
GOALS TO ADDRESS THE HEALTH NEED	• SJMH has an Adult Fitness program, which is conducted Tuesdays and Thursdays in the morning in the Stonewall Jackson Memorial Hospital Cardiac Rehab Department. This is a very low-cost way to modify risk factors. • SJMH created a county-wide walking group – Pace Yourself Lewis County which has created monthly walk/runs. • SJMH has created a safe walking path in the parking lot for the Hospital to promote physical activity for employees and the community.

	• SJMH has worked to refurbish an old playground, planted an urban orchard, and provided raised gardens for 10 gardeners at the high rise. • SJMH does not serve pop at activities and provides healthy snacks for a variety of children's events, especially those associated with the Lewis County 4-H program.
MEASURE TO EVALUATE THE IMPACT	• Number of people involved in SJMH Adult Fitness Program • Number of people participating in SJMH walk runs
TIMELINE	Ongoing
RESOURCES	SJMH Outreach Department
PARTNERS/COLLABORATORS	SJMH Outreach, Lewis County 4-H, Lewis County FRN, Lewis County Health Department, Lewis County Board of Education
2024 PROGRESS	• 30 people enrolled in SJMH Adult Fitness • 130 people participating in SJMH Walk Runs

#4	Mon Health Stonewall Jackson Memorial Hospital
COMMUNITY HEALTH NEED	Cardiac Disease
IDENTIFIED HEALTH ISSUE	Cardiac – Heart Disease
COMMUNITY SERVED	Primary and Secondary Service Area
PROGRAM DESCRIPTION AND RATIONALE	Ensure all residents have knowledge of, and equitable access to, the resources they need to maintain and improve their cardiac health
STRATEGIC OBJECTIVE	Increase access to resources to improve cardiac health
GOALS TO ADDRESS THE HEALTH NEED	• The Cardiac Rehab Department goes to Sharpe Hospital, the second largest employer in the county, for a Healthy Heart Fair every February to promote healthy lifestyle choices, as well as having a Healthy Heart Fair during February at the Hospital. • The Cardiac Department participates with a local college and federal correction center to provide heart disease education. • SJMH provides screenings throughout the year for blood pressure, blood glucose, pulse oximetry, etc.
MEASURE TO EVALUATE THE IMPACT	• Number of outreach heart health activities • Number of people impacted by events
TIMELINE	Ongoing
RESOURCES	SJMH Outreach Department
PARTNERS/COLLABORATORS	Citizens Bank of Weston, Lewis County Senior Center, Lewis County Board of Education, Lewis County Family Resource Network

2024 PROGRESS	• In February 2024, SJMH hosted 7 heart health fairs and outreach events • Reached 250 people with cardiac education in February at various events • 100 people learned about health heart education at event at LC Senior Center in July
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#5	Mon Health Stonewall Jackson Memorial Hospital
COMMUNITY HEALTH NEED	Diabetes
IDENTIFIED HEALTH ISSUE	Diabetes
COMMUNITY SERVED	Primary and Secondary Service Area
PROGRAM DESCRIPTION AND RATIONALE	Ensure all residents have knowledge of, and equitable access, to, the resources they need to maintain and improve their health
STRATEGIC OBJECTIVE	Increase access to resources to improve diabetes
GOALS TO ADDRESS THE HEALTH NEED	• SJMH conducts three comprehensive blood screenings each year – two in the spring and one in the fall. This is done in cooperation with the Weston Rotary Club. • The Health Departments provide very low-cost screenings for the public during office hours. For example, a customer can receive a blood glucose test, blood pressure, weight, and height screening for free. The nurse director can provide nutritional education for customers. • SJMH provides free annual blood screenings for the SJMH employees. • SJMH trained a dietitian and nurse to conduct diabetes education classes.
MEASURE TO EVALUATE THE IMPACT	• Number of patients referred to their physician
TIMELINE	Ongoing
RESOURCES	SJMH Lab
PARTNERS/COLLABORATORS	Rotary Club, SJMH Staff
2024 PROGRESS	• Mon Health will be offering an online and in person pre-diabetes classes • Provided blood screenings for 220 people at semiannual rotary blood screenings